Using art to promote healing, wellbeing, therapy and relaxation.

Designed for all Napa County residences who live with a chronic condition like cancer, heart failure or diabetes, Wellness Art Classes at the Queen’s Wellness Center reduce stress and anxiety while promoting healing and relaxation.

Join Master Therapy Artist Joe Roter each week as you create art in a non-threatening atmosphere without analysis, judgment or criticism. It’s a great way to meet new people, stimulate your mind and soothe your body.

**Cost:** Donations are accepted but not required
**Who Should Attend:** Any Napa County resident with chronic disease

**WHERE:**
Queen of the Valley Medical Center's Wellness Center
2nd Floor
3421 Villa Lane, Napa

**WHEN:**
Every Friday
10 a.m. to 12 p.m.

Contact Liz Alessio, Community Benefits Coordinator, at 707.251.2007 for more information.